

Mountains & Moelhills

Sunday 23/09/2023 - Route sheet updated: 15/09/2023

1 left from **Poynton Methodist church**
and right onto Park Lane

0.4 across mini O A5149 Chester Road

2.3 A5149 *Wilmslow*

3.1 *Wilmslow* A5102

5.8 2nd exit
 1st exit A5102

7.9 at mini-O Macc Rd *Town Centre*

9.0 *Altrincham* A538 in **Wilmslow**
 Knutsford B5086

10.0 2nd exit *Knutsford* B5086

11.7 2nd exit *Knutsford* B5085

13.4 *Warford* Warford Lane

13.7 Noah's Ark Lane

15.2 & onto Pedley House Lane

18.5 **Lower Peover** Seven Sisters Ln

20.5 **L Peover** B5081 to **SwanGreen**

24.0 *Northwich* Hulme La (by Crown)

27.4 *Northwich* in **Lach Dennis**

28.1 Crowders Lane

29.8 **Davenham** over A530 (care!)

32.9 London Rd &
 Green La

33.2 Hartford Rd

34.0 service road then cyclepath alongside
A556, rejoin main road after blue bridge

34.8 **Hartford**

35.9 **Chester** A559

37.7 *Weaverham* &
 Littledales Lane

38.7 *Cuddington* Hodge Lane

40.4 *Whitchurch* A49

40.6 Cuddington Lane (becomes Bag Lane)

44.5 High Street in **Norley**

45.1 Post Office Lane

46.4 *Mouldsworth* Ashton Road

49.9 **Manley** Dark Ark Lane
(café at Manley Mere)

51.2 *Tarvin* B5393 and ...
 Dunham Moss Lane

52.1 *Dunham* and under rail bridge ...

54.8 &
 Morley Lane

56.5 **Bridge Trafford**

57.0 *Chester* A56 to **Mickle Trafford**

59.9 *Tarvin* Station Lane

































60.5 onto **Greenway** cyclepath
follow signs for **Connahs Quay** (café on
Station La just beyond Greenway turn)









75.9 Control at **Harwarden Bridge**
(railway bridge over the Dee)
or continue to petrol station

2	R and R under railway on cycle path towards Flint (keep river on your right)
77.5	➔ at B5129
78.6	receipt from petrol station on Left
80.0	♀ ◀ Flint join A548 to Flint
83.8	⚠ ⚠ ◀ Church St A5119 in Flint ♣ ⚠ <i>Mold</i> A5119
84.2	Y ↗ <i>Hospital</i> Halkyn Street
84.5	↳ <i>Hospital</i> Cornist Road
84.7	⚡ Cornist Drive (2 nd Left)
85.0	➔ to pass playground on left
85.1	⚡ Cornist Lane
88.2	➔ & ⚡ ◀ Pentre Halkyn
88.9	↳ <i>Babell</i> at LH bend
89.3	⚡ ◀ Brynford
92.6	♣ over B5121
95.8	➔ Gorsedd
96.3	♣ at St Pauls Church ◀ Lloc
97.3	⚡ A5026 ◀ <i>Conwy</i>
98.6	Lloc services on right (McDonalds, Greggs, Subway) or use E-Brevet 📱 <i>nb no shops or cafes for next 60km!</i>

3	right from services
98.8	♀ & ♀ B5122 for 2km <i>Caerwys</i>
99.9	↳ Tremeirchion
102.2	⚡ ◀ Tremeirchion
105.4	⚡ ◀ Bodfari
105.7	⚡ ◀ Bodfari
109.0	⚡ A541 ◀ <i>Mold</i>
109.2	Bodfari info on left by car dealership or use E-Brevet 📱

4	continue on A541 for 14km
123.3	⚡ 1 st L after Hendre , short steep climb
124.2	➔ B5123
124.4	🚫 ⚡ next left (care, road can be muddy)
127.8	➔ in Northop
128.1	♣ Connahs Quay B5126
133.7	↳ <i>Queensferry</i> and ⚡
133.9	➔ B5129 past Shotton Station 🚆
135.0	⚡ 🚲 4 th L after station onto Rowleys Drive and retrace along Chester Greenway to Mickle Trafford
151.7	⚡ at end of Greenway
152.2	↳ 🚲 St Peters Way in Mickle Trafford
152.9	⚡ 🚲 Plemstall Way ♣ 🚲 A56 to Helsby
152.4	♣ Helsby A56
158.5	➔ ⚠ Helsby A56
159.0	Petrol Station on R in Helsby or use E-Brevet 📱

5	 Robin Hood Lane
159.4	 <i>Alvanley</i> to climb The Rock
160.1	 Back Lane
160.6	 <i>Kingswood</i> Commonside
162.5	 <i>Frodsham</i> Manley Road
163.0	 Kingsley
164.1	 Kingsley Meeting House Lane
165.2	 Crowton Middle Lane
165.6	 Kingsley B5153 to Weaverham
172.9	 Hartford Over B5144 on High St
176.3	  Bradburns Lane
176.7	  Davenham School Lane
177.8	  <i>Manchester</i> A556
178.6	  Hartford Road
179.6	 and  Church Street
182.7	 Lach Dennis @ A530 (care!)
184.3	 <i>Holmes Chapel</i> B5082
185.0	 Lower Peover Common Lane
188.5	 B5081 in Swan Green
191.9	 at A50 onto Seven Sisters Lane
194.0	 over A537
197.3	 on LH bend and ... <i>Chelford</i>  Noah's Ark Lane
198.8	
199.1	 B5085 Wilmslow
200.8	 B5086 Wilmslow
202.4	 B5086 Wilmslow

203.2	  A538 Wilmslow
203.5	  
203.8	  Wilmslow Park Road
205.0	 and all signed to Poynton
212.0	 at mini Os onto Park Lane
212.3	Finish , left at Waitrose to Poynton Methodist Church Hall (IE next door to start!)
<i>Organised by Paul Anders Johnson to Audax UK regulations</i>	
15/09/2023 [3 pages]	